

RSE Topics

Year 7

Class constitution
What is a relationship?
Different types of families
Respect
Communication
Power dynamics and grooming
Practicing consent
Consent online
Staying safe online
Body image and reading visual info
Puberty
Anatomy and sex
Pregnancy

Year 8

Class constitution
What is health?
Recognising and challenging stigma
Understanding violence and abuse
Equality and Equity
*LGBTQ+
*Unpicking gender
Staying safe online
Breaking up and making up
My needs (families and gangs)

**These lessons have been designed by our friends at 'The Kite Trust'.*

Year 9

Class constitution
What is intimacy?
Sexual consent
Romance under the microscope
Contraception
STIs
Negotiating condom use
HIV
Under the bonnet
Pregnancy (1+2)
Fertility
R U ready?
Sexual violence (1 +2)
Coercion and control
Breaking up and making up
Turning up for people
Gender identity
Online relationships
Pornography

Year 10

Class constitution
Identity
Looking back at sex and relationships
Sexual stereotypes
Sexual rights and responsibilities
Marriage
Anatomy revisited
Contraception and STIs revisited
Body image
Navigating digital media
Pornography and Ethics

Year 11

Consent revisited
Analysing risk
Pornography revisited
Sexual aftercare
Am I normal?