

Sexual Health Workshops & Talks For Universities and Colleges

In addition to our **CPD Accredited Sexual Health Trainings for Professionals**, we offer the following workshops and talks for students. We can deliver these via Zoom or in person at your venue.

These sessions are informal, interactive and with time to ask questions. If a student has a question that they would prefer to ask outside of the session we provide the option for them to contact us through our Webchat service.

Consent workshop (1.5 hrs)

Cost per workshop: Via Zoom - £99 In Person - £120 plus travel costs if applicable
Maximum number of participants in each workshop is 15

Consent is an incredibly important topic, but many people find consent talks uncomfortable or unhelpful. They can stir up difficult feelings with little safety net. The philosophy behind our consent workshop is to allow everyone in the room agency in their own relationship to consent. Our facilitator guides the room on a journey of active reflection about where we pick up messages about consent and how these impact our lived experience as diverse individuals. Not a talk or a lecture, but a space to develop our own understandings.

Sexual health workshop (1.5 hrs)

Cost per workshop: Via Zoom - £99 In Person - £120 plus travel costs if applicable
Maximum number of participants in each workshop is 15

A whistle-stop tour of sexual health troubleshooting. Why when and where would you access an STI screening? What are your contraceptive options and what to do in a contraceptive emergency? What options do I have if I've experienced sexual abuse? Where can I get help untangling complicated sexual problems? Inclusive of all genders and sexualities and making absolutely no assumptions. This workshop starts off as a talk followed by an opportunity for interactive activities and/or anonymous questions.

Tailored workshop to meet the needs of your student cohort (1.50 hrs)

Cost per tailored workshop: as above plus a £50 charge for designing the workshop. Maximum number of participants in each workshop is 15

We're able to design a workshop specifically to meet the needs of your students. This might be to help students and staff address something that has recently occurred within your college, it might be linked to something topical or it might just be that your students want a pick a workshop on a specific topic. You can work with our facilitator to design a workshop that fits your needs.

dhiverse
sexual health matters

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To find out more or to make a booking please email us with your requirements and we will arrange for someone to get back to you within 3 working days.

We generally require 4 weeks' notice but it's always worth checking to see if we have earlier availability for our non-tailored workshops