

## In the accompanying worksheet for students, your child has been looking at:

- ⇒ New apps, and some advice around livestreaming; being aware of who you are livestreaming to, and reminder to report inappropriate content
- ⇒ Risk of online abuse, potential indicators of grooming attempts, sources of support
- ⇒ Increase in online scams and misinformation, advice on spotting and reporting scams, reminder about “fake news” and to be careful sharing information
- ⇒ Privacy settings: most are turned off by default so you may wish to set accounts on new platforms to ‘private’, and take care uploading photos so as not to reveal any personal information
- ⇒ Increased screen time right now and finding a healthy balance
- ⇒ Gaming: reminder about safety in terms of people being who they say they are, potential for bullying or spending too much time gaming, links to further support
- ⇒ Safe and respectful online contact: virtual dating as an alternative while social contact is limited; privacy, consent, and the law around sexting and sharing information
- ⇒ Some scenarios for your child to consider: *“What would You Do if...?”*:
  1. You discovered that someone had set up a fake account in your name and was telling lies about you
  2. You receive an intimate picture from a friend—it’s of someone you know
  3. A friend of yours is spending increasing amounts of time playing a game online and cutting themselves off from their “real-life” friends

## If you would like to discuss any of these issues with your child, you might find the following conversation-starters useful:

- ◆ Do you think people are spending more time online at the minute? What do you think about that—is it ok? What might be the benefits, or risks?
- ◆ What’re the main things you are doing online right now? How have you been keeping safe? How do you change the privacy settings / block someone on \_\_\_\_\_ ?
- ◆ Have you seen anything that looked like “fake news”? What can we do if we see that?

## You may also find the following websites useful for more info or ideas:

[Childline - Sexting](#)

[Brook - Staying Safe Online](#)

[NSPCC - lots of info on all aspects of online safety](#)

[Common Sense Media—really useful article](#)

[Childline - Gaming](#)

[UK Safer Internet Centre—collection of useful resources on online safety](#)

[UK Safer Internet Centre - advice for parents on livestreaming](#)