



Guidance for making a referral to the SLIP Programme

1. DHIVERSE Relationships & Sex Education (RSE) and SLIP

For over 25 years, Dhiverse has provided high quality and relevant RSE across Cambridgeshire and in other parts of the region. We are commissioned by Public Health Cambridgeshire to provide mainstream RSE in schools. At Dhiverse we are all about inclusivity and equality and we want everyone to have the opportunity to be equipped to make informed decisions around sexual health, healthy relationships, personal safety, consensual and pleasurable sexual activity. It is therefore essential for all young people to have access to high quality and relevant RSE and for the RSE to be delivered through a range of methods to reflect the fact that not all young people learn, or want to learn, in the same way. However, regardless of how RSE is delivered the aim must be to equip young people with the skills, knowledge and information they need to navigate and make decisions around relationships and sex in the 21st century. All of our RSE content, including our SLIP Programme, is in line with the new RSE curriculum, introduced by the Department of Education (D of E) and compulsory for schools to provide from September 2020, and takes into account the D of E Guidance (2014) 'Preparing Children for Life in Modern Britain'.

At Dhiverse, we offer a range of non-mainstream RSE programmes that can be delivered in a non-educational setting; 'SLIP' is one of these programmes. SLIP stands for 'Sex, the Law, the Internet & Pornography' and it is an informative and educational RSE programme funded by 'BBC Children In Need'.

2. Who is SLIP suitable for?

SLIP is suitable for any young person, age 18 or under (there is no lower age limit for referral to the programme) who, for whatever reason, did not engage, or is currently finding it difficult to engage, in Relationships and Sex Education (RSE) for secondary school age children, or in Relationships Education (RE) for primary school age children. To be eligible for SLIP this lack of engagement is impacting on their behaviour and attitude towards relationships and sex i.e. their behaviour and/or attitude is already putting them or others at risk, or could in the future if left unaddressed. The young person's lack of engagement could be due to, for example:

- missing a lot of school because of a disruptive/chaotic family life
 - long periods of absence due to ill health
 - being home schooled
 - having a custodial sentence
 - not finding it easy to take part in RSE sessions because they are shy/embarrassed/ find school in general difficult.
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3. SLIP is not suitable for Young People with the following needs:

- **If a young person has already engaged in RSE in school or other provision:**

SLIP would not benefit a young person who has engaged with RSE/RE in school or other educational provision, but still exhibits risky behaviour and attitudes. SLIP is unable to support, or make a difference to, a young person in this situation. Therefore, please do not refer a young person to the SLIP Programme if this is the case. A young person in this situation may need therapeutic intervention/s or other types of support

- **If the young person has a learning difficulty or autism:**

SLIP is also not suitable any young person with a learning difficulty or autism. However our 'ABC (Awareness, Balance and Choice) Programme', funded by the Big Lottery is an RSE programme for anyone with a learning difficulty or autism. More information on ABC can be found on our website or you can speak to the ABC team on 01223 508805.

4. What are the main aims of SLIP?

SLIP aims to make the following differences to the lives of young people:

- Give young people a better understanding of the law around sex
- Enable young people to communicate better about sex and relationships
- Equip young people with the confidence and self-esteem to feel better about themselves and to have a better relationship with their body

SLIP can be provided to small groups or to individuals on a 1-1 basis. It is made up of 6 sessions, ideally delivered over 6 weeks and we cover one module/topic per session.

5. What topics/modules are covered in the programme?

Topics covered in the SLIP Programme are:

- **'Am I normal?' (body image)**
- **Consent**
- **Abuse & Exploitation**
- **Online Safety & Exploitation,**
- **Pornography & Sexting**

An overview of the content of each session and the scheme of work can be found on our website using this link: <https://www.dhiverse.org.uk/wp-content/uploads/2018/12/SLIP-overview.pdf>

6. Brook 'Sexual Behaviours Traffic Light Tool'

'Brook', the national charity that offers clinical sexual health and education services for young people developed the 'Sexual Behaviours Traffic Light Tool'. The Traffic Light Tool and guidance can be found at <https://legacy.brook.org.uk/our-work/using-the-sexual-behaviours-traffic-light-tool> and we also have the link on our website. At Dhiverse we feel that the tool is a helpful guide for professionals who need to consider how to support a young person exhibiting sexual behaviours and can help with a decision whether or not a referral to SLIP or another intervention would be appropriate. We would generally accept a referral for a young person exhibiting behaviours within the Green or Amber categories, however, it is unlikely that we would accept a referral for a young person exhibiting behaviours within the Red category. However we are always happy to discuss the appropriateness of any potential referral.

7. Safeguarding Children & Young People (CYP)

Safeguarding CYP is the paramount responsibility and all Diverse staff receive Safeguarding training during their induction, followed by regular update and refresher training at least every 2 years. A CYP may say something openly in a SLIP session or they may tell us something outside of a session that indicates they are, or could be, at risk of harm. If this occurs in a school or other provision then we will advise the young person that we need to share what they have told us with the school or provision and/or their parent/guardian so that together we can help to ensure that they are safe from harm. We will make notes of what the CYP discloses. We will share the disclosure whilst we are on the premises so that the school or provision can start their safeguarding procedures immediately. In line with our own robust CYP Safeguarding Policy and Procedures, we will write up a Safeguarding Log of Concern and share this with the school or provision. If we have concerns that the school or provision is not acting quickly enough in light of what the CYP has disclosed, we will make our own formal safeguarding referral to the local Safeguarding Board.

If a CYP makes a disclosure to us on our premises, their home or community venue, we will follow our safeguarding policy and procedures. The CYP Safeguarding Leads for Diverse are:

Lead	Meg Veit	Contact details: T: 01223 508805 E: enquiries@dhiverse.org.uk
Deputy	Elizabeth MacKenzie	
Overall responsibility	Sharron Spindler, CEO	

8. How do I make a referral to the SLIP Programme?

To make a referral to SLIP you must have read this guidance. Once you are confident that this is an appropriate referral please complete a referral form. We have two referral forms:

1. Group Referral and 2. Individual Referral.

The referral forms can be downloaded from our website or you could request a form to be emailed to you by contacting **E: enquiries@dhiverse.org.uk** or **T: 01223 508805**

If you would like to speak to someone before making a referral to the SLIP Programme please contact us at the above email or number.

Please note that we cannot accept referrals without a fully completed referral form.

T: 01223 508805 E: enquiries@dhiverse.org.uk W: www.dhiverse.org.uk
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sexual health matters

