

A Sexual Health survey for young people age 45+!



It's a myth that older people no longer want or need a sex life. Sexuality doesn't just disappear as you age! A recent report by the English Longitudinal Study of Ageing found that two-thirds of men and women aged 50 – 90 years old said that sex was an important part of a relationship. They also found that people are still sexually active into their 80s and 90s! However, we know that many older people might not consider their sexual health to be important for a number of reasons. We also know that older people find that the sexual health information and support that's available is in many cases geared towards younger people and they would like to see more age appropriate information and support freely available. So, here's your chance to have your say! Tell us a little bit about yourself, what you think and what you'd like to see happening for young people 45+! Results will be published on our website later in the year www.dhiverse.org.uk

1. Age group		2. Are you:	
45-55		Male	
56-65		Female	
66 -75		Trans	
76+		Other	
3. Have you changed partners or had more than one sexual partner in the last 12 months?		4. Have you had a sexual health check up in the last 12 months?	
Yes	No	Yes	No
5. If you answered 'Yes' to Q4 was it because:		6. If you answered 'No' to Q4 is it because:	
You think it's important to have regular check ups		You think sexual health checkups are for young people.	
You changed partners		You're not sure how to get a checkup.	
You had unprotected sex		You would feel embarrassed.	
Other (please say)		Other (please say)	
7. There's no point in wearing a condom if you or your partner can't get pregnant		8. Can older people get a sexually transmitted infection or HIV?	
Agree		Yes	
Disagree		No	
Unsure		Unsure	
If you disagree to the Q7 statement, why is this?			

9. Would you be interested in seeing more freely available:	
Information on Sexual Health and Sex and Relationships relevant to age 45+	
1 to 1 support on Sexual Health and Sex and Relationships relevant to age 45+	
Group support on Sexual Health and Sex and Relationships relevant to age 45+	

10. If you answered 'Yes' to any part of Q9, how would you prefer to access information and support?	
Online	
Leaflets/posters	
Telephone	
Through someone at a sexual health clinic	
Through an organization like Diverse	

11. Would you be interested in helping us to develop and shape a sexual health information and support programme for older people?			
Yes		No	

12. Would you be interested in becoming a Sexual Health Champion Volunteer?			
As a Sexual Health Champion Volunteer you will have an opportunity to be trained in all aspects of sexual health and to receive ongoing support from Diverse. This will equip you to be able to support the sexual health and well-being of older people in your area?			
Yes		No	

If you answered YES to either Q11 or Q12 or if you would like to speak to someone about sexual health support, please let us know the best way to contact you. Please give e.g. phone number, email (<i>this contact information will not be shared with anyone outside of Diverse</i>).		
Email:	Phone number:	Other:

Ways to return the completed survey:

- Hand the completed survey to a member of staff or pop it into the post box at Dales Brewery
- Scan and email to email address below
- Post to Lucy Hills, Office & Information Manager, Diverse, Office B, Dales Brewery, Gwydir Street, CB1 2LJ.

This survey is also available online at:

<https://www.surveymonkey.co.uk/r/dhiversesexualhealthsurvey>

Thanks for taking the time to complete this survey.

T: 01223 508805 **E:**enquiries@dhiverse.org.uk **W:** www.dhiverse.org.uk