



'SLIP Programme'



SLIP stands for Sex, the Law, Internet and Porn

SLIP is a short term educational programme designed to be age and development appropriate. The programme is for young people aged 9-24 who have engaged in risky or harmful sexual behaviour.

A young person is eligible for SLIP if they have little or no understanding about the possible consequences and impact of the risky or harmful behaviour they are engaging in. We require referrers to assess a young person's level of understanding before making the referral, to determine whether an alternative, non-educational, intervention would be more suitable.

The topics are delivered in an informal, interactive, creative, and accessible way, usually over 7 sessions.

SLIP aims to make the following differences to the lives of young people:

- Give young people a better understanding around relationships, sex and the law.
- Encourage young people to develop ability and confidence to communicate around sex, sexual health, relationships.
- Allow young people to identify the impact of key risky sexual behaviours.

The SLIP programme is available free of charge to anyone living within Cambridgeshire and Peterborough. There is a charge outside of these areas; please visit our website for information on charges and find out more about our other services.

If you decide to make a referral, please visit our website to find the referral document, as well as guidance on making a referral.

W: dhiverse.org.uk

E: enquiries@dhiverse.org.uk

T: 01223 508805

dhiverse
sexual health matters

The content

The programme covers 7 key topics. Young people have a choice of doing 7 one-hour sessions over 7 weeks, or doing the full programme in one day. We can offer some flexibility around these options. The programme is offered online or face-to-face in schools or other provisions for young people. We can also work with young people in suitable alternative settings.

SLIP is designed to be delivered to small groups of young people, based on age, understanding, ability and reasons for referral. We offer both closed and open groups. Closed groups are requested by a single provision and access is limited to their young people. Open groups are for any young person regardless of the provision of where they have been referred from. The open groups are usually delivered online, and participants are placed in the most appropriate group. appropriate group.

We realise that there will be exceptions and we can deliver SLIP on a 1-1 basis, if necessary. However, we do require refers to explain why this would be best for the young person.

| Session | Topic | Learning Outcomes |
|---------|--|---|
| 1 | Introduction <ul style="list-style-type: none">• Introduction to the programme and the importance of relationships and sex education (RSE)• Initial evaluation | <ul style="list-style-type: none">• To discuss different sources of RSE, and to identify the most accurate sources of information.• To identify the young person's level of understanding about relationships and sex |
| 2 | Understanding consent <ul style="list-style-type: none">• Consent | <ul style="list-style-type: none">• To build awareness about consent and who can legally give it• To enable young people to recognise consensual and non-consensual situations |
| 3 | Media Literacy <ul style="list-style-type: none">• Online activity• Pornography | <ul style="list-style-type: none">• To develop critical thinking around online relationships and their risks• To raise awareness about the impact of pornography, and the laws. |
| 4 | Understanding relationships <ul style="list-style-type: none">• Relationships | <ul style="list-style-type: none">• To improve understanding of relationships and boundaries• To develop skills to identify behaviours and attitudes that make a relationship healthy or abusive |
| 5 | Am I normal? <ul style="list-style-type: none">• Sexual health | <ul style="list-style-type: none">• To develop an understanding of how the sexual and reproductive body works• To reflect on the impact of sexual health on body image and self-esteem |
| 6 | Body image <ul style="list-style-type: none">• Body image and self esteem | <ul style="list-style-type: none">• To discourage the idea of 'normal', encourage diversity and challenge stereotypes• To examine society's influence on body image and to recognise factors which impact upon self-esteem |
| 7 | Wrap Up <ul style="list-style-type: none">• Reflection on the programme learnings• Final evaluation | <ul style="list-style-type: none">• To reflect, re-cap, and identify gaps in the programme learnings• To identify the young person's level of understanding around relationships and sex |

Understanding SLIP

If you would like to know more information about the SLIP programme, or if you would like to increase your confidence in engaging with young people around relationships and sex, you may wish to join one of our Understanding SLIP workshops. The workshop is free of charge for parents and professionals in Cambridgeshire and Peterborough. There is a charge outside of these areas; please visit our website for information on charges and find out more about our other services.

Understanding SLIP aims to:

- Provide further information around the SLIP programme.
- Improve understanding of the laws related to sex and relationships.
- Increase confidence in engaging in conversations around relationships and sex.

To sign up for one of our upcoming Understanding SLIP workshops, click this [link](#), or contact enquiries@diverse.org.uk

Useful websites for parents and educators :

- NSPCC: www.NSPCC.org.uk
- Childline: www.childline.org.uk
- Think U Know?: www.thinkuknow.co.uk
- Net Aware: <https://www.net-aware.org.uk/>
- [Report remove](#) - Childline
 - To make a referral please visit our website
<https://www.diverse.org.uk/slip>

For more information please contact:

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