## Objectives:

- · To discuss different sources of relationships and sex education, and to identify the most accurate sources of information.
- · To identify your level of understanding about relationships and sex.

# Objectives:

- · To develop an understanding of how the sexual and reproductive body works.
- · To reflect on the impact of sexual health on body image and self-esteem.

## Objectives:

- · To build awareness about consent and who can legally give it.
- · To enable young people to recognise consensual and non-consensual situations.

- · To develop critical thinking around
- · To raise awareness of the impact of pornography and the laws.

#### Objectives:

online relationships and their risks.

### Objectives:

· To reflect, re-cap, and identify gaps in the programme learnings.

· To improve understanding of

healthy or abusive.

relationships and boundaries

· To develop skills to identify behaviours

and attitudes that make a relationship

· To identify your level of understanding about relationships and sex.

#### Objectives:

- · To discourage the idea of 'normal', encourage diversity and challenge stereotypes.
- To examine society's influence on body image and to recognise factors which impact self-esteem.

sex, the law, internet, pornography PROGRAMME

SLIP is a sex and relationships educational programme that aims to support your understanding of the impact of different behaviours and attitudes. We aim to provide a safe opportunity for you to learn and ask questions about relationships and sex related topics. The topics are delivered in an informal, interactive, creative, and accessible way, usually over 7 sessions.



Dhiverse contact details www.dhiverse.org.uk

enquiries@dhiverse.org.uk

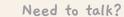


SLIP can be delivered in small groups, or on a 1:1 basis.



SLIP can be delivered online or Face-to-Face.

\*Participation in the programme is strictly voluntary. Only YOU can decide to take part.





\*young people under 19

Dhiverse counselling service https://dhiverse.org.uk/counselling



