

**Vicky Few, College nurse, King's College**

"Dear Grant, Just a quick email to thank you so much for your presentation this morning. As always it was well presented, clear, factual and very useful. It was also very good to see you again. You're obviously doing excellent work. A very Happy New Year to you and all at DHIVERSE  
Very best  
Vicky"

**Service User of DHIVERSE HIV Support:**

For someone who HIV was a devastating shock I know I would not have had the positive outlook that I have now and would have stayed very withdrawn and isolated.

**Service User of DHIVERSE HIV Support:**

"I can honestly say that DHIVERSE was the first stepping stone to start living and accepting that I could have a normal and healthy life living with HIV, it had been for me a life line."

**Service User of DHIVERSE HIV Support:**

"I also have mental health issues. Problems dealing with HIV and personal life brought me to DHIVERSE. I wouldn't know what to do if it wasn't for the support received from all members of staff. Thank you DHIVERSE!"

**Service User of DHIVERSE HIV Support:**

"DHIVERSE has shown me that I am not the only one with HIV. Without DHIVERSE I would have seriously considered taking my life."

**Young Person who attended a Sexual Health and Relationships Workshop:**

Reflection on sex education seminar

It was really good opportunity for me to know about contraceptions and many other facts about safe sex. I learnt lots of things from her as I didn't know 90% of those things. I would like to thanks to CRJC for giving us a good opportunity.

### **Young Person who attended a Sexual Health and Relationships Workshop:**

On Wednesday being the 19<sup>th</sup> day of June 2013, a chat meeting was held in the Coslett building which was attended by very few girls of which I was one among them,

The talk was about Safety in ones sex life which I considered helpful as an international student, as the life style and culture of my country is a bit different.

I really enjoyed the talk as knowledge is power, I believe it is important to know safety measures that involve your life as you are able and entitled to your decisions.

The help they offer is free but very relevant. and I would really appreciate it if meetings or talks like this would be organised occasionally.

20/06/13

### **Manager of a Learning Disabilities project:**

I will let all the service managers know about this so that they can take up your support services and find out more about the ABC programme. In fact, what I can do is send the content of the programme to managers who are interested for their residents and then sign post them your way for further details, if that's okay with you. Can I just take this opportunity to say a massive thank you; this will make a big difference to young people's lives.

### **PSHE teacher who organized the event:**

It has been really beneficial for our young people to attend specialist sexual health workshops as part of their PSHE programme. Both the Year 9 and Year 11 sessions were positively received by the students at Swavesey Village College and students agreed that they would prefer to receive this information from specialists rather than teachers'.

### **Group worker for people with learning disabilities:**

Thanks for doing the group today. We got some very positive feedback. We would like to run another session as there are more ladies who will clearly benefit from the fantastic work that you do. Thank you.