



Support Group for Gay and Bisexual Men

Following our re-launch in January our new group will be called Interact.

We aim to hold a group/event at least once a month; details will always be on our website in the 'News and Events' box on the homepage.

Why might gay and bisexual men need support?

Here at DHIVERSE we often receive requests for information and support from gay and bisexual men who feel isolated, rejected, lonely or who find it difficult to access any kind of 'gay community' space where they can socialize and network. Sometimes gay and bisexual men have experienced overt homophobia in the workplace or from their family and friends; sometimes they may experience a simple lack of awareness of their specific issues and needs. National evidence also indicates that Gay and Bisexual men suffer from particularly high levels of sexual ill-health, mental health problems and alcohol/drug use.

What is INTERACT?

The aim of Interact is to provide a safe and friendly space where you can talk about your experiences, find out about what 'community' events there are out there, and overcome any barriers you might experience in accessing the kind of social/support networks you want to be part of. We also aim to link the group nights to an independent LGBT event later in the evening in Cambridge, so you can either just come for the group or you can join us afterwards for the event. We'd really like to hear from anyone who knows of or hosts any regular monthly LGBT events in Cambridge

For more information please contact Graham Lewis, the group facilitator at graham@dhiverse.org.uk or call Graham or Grant Chambers (co-facilitator) on 01223 508805.

Go to the 'News & Events' box on our homepage for details of the next group. You can just turn up and you can stay for as long as you like; the group is very informal.

We look forward to seeing you there!