

First Aid for Healthcare Workers

Sharp injury / splash

Encourage bleeding
if puncture wound
(DO NOT SUCK WOUND)



Wash wound / exposed area with
soap and water
(Irrigate eyes with sterile water if available)



Report for assessment
Occupational Health Department /
Accident & Emergency
Report incident to
first line manager

Useful organisations:

Health Protection Agency <http://www.hpa.org.uk/>

Centre for Disease Control and Prevention USA
<http://www.cdc.gov/>

Immunisation Against Infectious Disease 1996 Chp. 18,
The Green Book, Department of Health
[http://www.dh.gov.uk/PublicationsAndStatistics/PublicationsPolicyAndGuidance/PublicationsPolicyAndGuidanceArticle/fs/en?CONTENT_ID=4072977&ch=87uz6M](http://www.dh.gov.uk/PublicationsAndStatistics/Publications/PublicationsPolicyAndGuidance/PublicationsPolicyAndGuidanceArticle/fs/en?CONTENT_ID=4072977&ch=87uz6M)

World Health Organisation
<http://www.who.int/en/>

Health and Safety Executive
<http://www.hse.gov.uk/>

Safer needle network
<http://www.needlestickforum.net/>

NHS Plus
<http://www.nhsplus.nhs.uk/nhsstaff/needles.asp>

ANHOPS - <http://www.anhops.com/>

Where to report exposure:

Contact number:

Out of hours contact number: